

របៀបទាញយក ធម៌ដែល ZIP ទុកនៅក្នុង Computer របស់លោកអ្នក

1. ចុចនៅលើធម៌ដែលលោកអ្នកចង់ស្តាប់ ។ លោកអ្នកនឹងឃើញដូចរូបខាងក្រោមនេះ



2. សូមចុច Save ។ លោកអ្នក នឹងបានឃើញដូចរូបខាងក្រោមនេះ



សូមចុច Save

3. សូមចុច Save ទៀត ។ លោកអ្នកនឹងបានឃើញរូបដូចតទៅនេះ

The screenshot shows the website interface for Dhamma4Khmers.org. At the top, there is a banner with a Buddha image and the text "ព្រះធម៌សំរាប់ខ្មែរ" and "DHAMMA4KHMERS.org". Below the banner are the Cambodian and Buddhist flags, and the website URL "DHAMMA4KHMERS.org".

On the left side, there is a vertical menu with the following items:

- គេហទំព័រ Home
- ស្វាគមន៍ Welcome
- ខ្មែរ - English - French
- លោកគ្រូ ប៊ុត សាវង្ស But Savong
- លោកគ្រូ រស់ សុផាត Ros Sophat
- ខ្ញុំ ញឹក ប៊ុនថា Nhek Buntha
- ព្រះពុទ្ធស្ថាន Buddha Holy Sites
- រូបថត Photo Albums
- សៀវភៅ Books
- វប្បធម៌ខ្មែរ Khmer Culture
- កំណត់

In the center, a download progress window is open, showing "7% of EtaTak-CD01-01.zip from www.dham...". The progress bar is at 7%. The estimated time left is 26 seconds (1.24MB of 32.7MB copied). The download is saving to "C:\Documents ...\EtaTak-CD01-01.zip" at a transfer rate of 1.16MB/Sec. There are "Open", "Open Folder", and "Cancel" buttons at the bottom.

On the right side, there is a list of audio files:

- CD01-07
- CD01-14
- 01-20
- CD02-07
- CD02-14
- 02-20
- CD03-07
- CD03-14
- 03-20

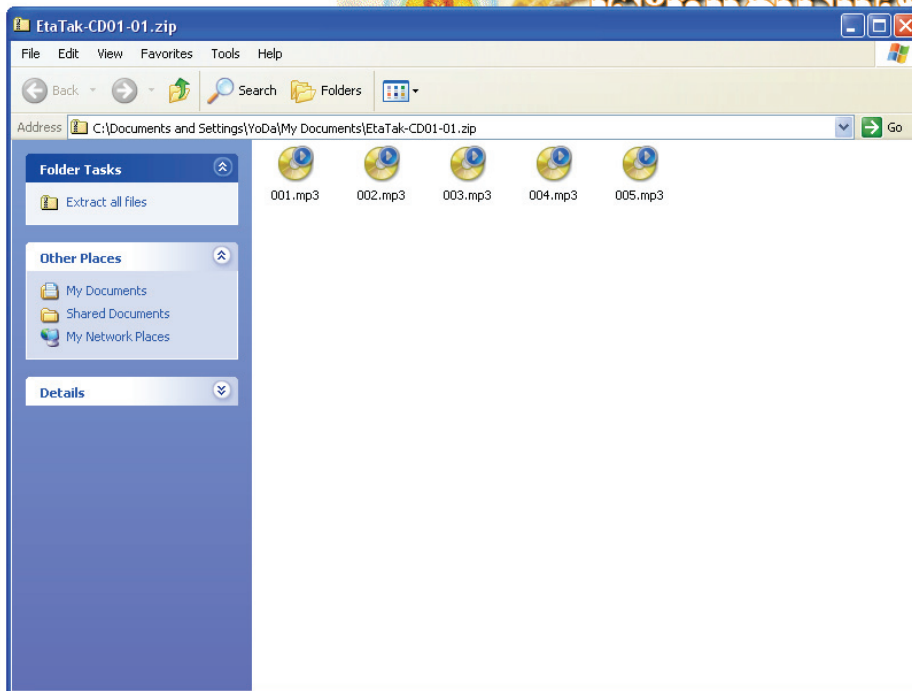
Below the list is an image of a man in white robes, likely a Buddhist monk, with his hands in a prayer position.

At the bottom of the page, there is a green-bordered box with the text "ព្រះអភិធម្ម" in red.

4. សូមមេត្តារង់ចាំរហូតដល់ ការ Download ចប់។ លោកអ្នកនឹងបានឃើញ រូបដូចតទៅនេះ៖

The screenshot shows the website header with the title 'ព្រះធម៌សំរាប់ខ្មែរ' and 'DHAMMA4KHMERS.org'. A navigation menu on the left lists various sections like 'Home', 'Welcome', and 'Photo Albums'. A central banner features the Khmer text 'ព្រះធម៌សំរាប់ខ្មែរ'. A 'Download complete' dialog box is open, displaying details for the file 'EtaTak-CD01-01.zip'. The 'Open' button is highlighted with a red circle and an arrow pointing to a text box containing the Khmer instruction 'សូមចុច Open'.

5. សូមចុច Open ។ លោកអ្នក នឹងបានឃើញ ដូចរូបខាងក្រោមនេះ



6. ចុច ២ដង(double click) យ៉ាងរហ័ស ទៅលើ MP3
ដែលលោកអ្នកចង់ស្តាប់ ជាការស្រេច ។